

*Description of the dataset*

## **Western-blot results from Synthetic-torpor experiments conducted in 2019-2020**

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This dataset contains the original results for the western-blot (WB) determinations from experiments carried out in the "Physiological regulations in the wake-sleep cycle" lab, at the Department of Biomedical and Neuromotor Sciences - University of Bologna, Italy. The WB procedure, the bands acquisitions and their intensity quantifications were conducted at the "Centre for Applied Biomedical Research – CRBA" - University of Bologna, St. Orsola Hospital, Italy.

Part of these data are published on [1], where it is possible to find the complete descriptions and definitions of the experimental conditions and methods used. A brief description of the acronyms used for these conditions could be also found in the file "Experimental conditions".

### **## Terms of Use**

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### **## Description**

The WB analysis were conducted on Parietal Cortex and Hippocampus samples, taken from Sprague-Dawley albino rats.

The dataset shows the same data represented in two different ways:

- Showing the complete original gels, obtained after running the WB technique.
- Showing the protein bands correspondent for each single specific result and grouped for each experimental condition.

### **## Brief description of the WB method used**

The protein concentration was determined using the Bio-Rad DC protein assay kit (Bio-Rad Laboratories). Aliquots were thawed on ice and then denatured in a sample buffer (containing: 500mM DTT, lithium dodecyl sulfate [LDS]) with Coomassie G250 and phenol red (Invitrogen™ NuPAGE) at 65 °C for 10 min. Then, protein samples (20 µg) were loaded and separated electrophoretically using a 1.0 mm thick 4 to 12 % Bis-Tris 10-wells gel together with NuPAGE MOPS SDS Running Buffer (both by Invitrogen™ NuPAGE). The gels were then electrotransferred onto nitrocellulose membranes (Hybond C Extra, Amersham Pharmacia) via wet transfer. Membranes were blocked using 5 % (w/v) not-fat dry milk in 0,1% (v/v) tween-20 in PBS (PBST) for at least 40 min at room temperature, and then incubated overnight at 4 °C with the different primary antibodies used. Bound antibodies were detected using horseradish peroxidase-conjugated Anti-

rabbit and Anti-mouse secondary antibodies. The uniformity of sample loading was confirmed via Ponceau S staining and immunodetection of  $\beta$ -actin, used as a loading control. ChemiDoc™XRS+ (Image Lab™Software, Bio-Rad) was used to acquire digital images through a chemiluminescence reaction (ECL reagents, Amersham). A semi-quantitative measurement of the band intensity was performed using the same computer software and expressed as a ratio of band intensity with respect to the loading control, normalizing the different gels according to a randomly chosen sample used as an internal control (i.e., a sample taken from a single rat that was run on every gel for the different determinations).

### **## Ethical approval**

All the experiments were conducted following approval by the National Health Authority (decree: No.262/2020-PR - AEDB0.17.EXT.10), in accordance with the DL 26/2014 and the European Union Directive 2010/63/EU, and under the supervision of the Central Veterinary Service of the University of Bologna. All efforts were made to minimize the number of animals used and their pain and distress.

### **## References**

[1] (<https://www.biorxiv.org/content/10.1101/2022.03.25.485745v1>) Squarcio F, Hitrec T, Piscitiello E, Cerri M, Giovannini C, Martelli D, Occhinegro A, Taddei L, Tupone D, Amici R and Marco L. Synthetic torpor triggers a neuroprotective and regulated mechanism in the rat brain, leading to the reversibility of Tau protein hyperphosphorylation. BioRxiv 2022, doi: 10.1101/2022.03.25.485745.